

## BeInspired Yoga Timetable – Summer Holidays 2010

Day	Class	Teacher	Venue	Time	Cost
<b>Tuesdays</b>	Adults Gentle Hatha	Sheila	St Peter's Community Hall	10:00 – 11:30am	£8 drop-in or £35 for 5 vouchers
	Adults Hatha	Star	St Peter's Community Hall	18:00 – 19:30pm	£8 drop-in or £35 for 5 vouchers
<b>Wednesdays</b>	Adults Hatha	Ross	St Peter's Community Hall	18.15 – 19:45pm	£8 drop-in or £35 for 5 vouchers
<b>Fridays</b>	Adults Gentle Hatha	Sheila	St Peter's Community Hall	10:00 – 11:30am	£8 drop-in or £35 for 5 vouchers
<b>Saturdays</b>	Adults Hatha	Star	St Peter's Community Hall	10:00 – 11:30am	£8 drop-in or £35 for 5 vouchers

All classes are open to all levels of experience!